

## KS3 Personal Development Curriculum Overview

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### Assessment:

**Baseline assessment** is completed by all pupils at the start of each half-term module to establish a pupils' starting point. This will include completion of a mind-map to answer the 'module question' and a spelling test of key terms.

**Formative assessment** is used throughout all lessons to determine the progress of our pupils in their Personal Development curriculum, whether it be Q&A, use of mini-whiteboards, short-answer quizzes or completion of a range of tasks. This allows the teacher to identify areas of misunderstanding or difficulty so that we can adapt our teaching to ensure full comprehension of module content by all pupils, no matter their starting point. It also informs the department of opportunities to extend the knowledge and increase the challenge of our advanced learners.

**Summative assessment** is completed at the end of each half-term module, which will generate a grade of either- Advanced, Secure, Developing or Foundation. The assessment involves revisiting the mind-map developed as a baseline assessment, being re-tested on the spelling of key terms to evidence improvement, and a 'Knowledge Check' which is self-assessed and generates a score and grade.

### Personal Development Grade Descriptors

**ADVANCED:** Able to explain the answer to the module question to teach and advise others.

**SECURE:** Able to securely answer the module question with confidence and apply your learning to help yourself.

**DEVELOPING:** Able to answer some aspects of the module question but there are still gaps in knowledge which need developing.

**FOUNDATION:** The foundations are still being built to be able to answer the module question.

### Homework:

Homework is set fortnightly in KS3 for Personal Development. Homework is set on Google Classroom. For each half-term module the homework tasks are structured as: **1)** Key Terms revision task; **2)** Website comprehension task; **3)** Revision for module assessment.

## Other Useful Information:

### General information

- The PSHE association: <http://www.pshe-association.org.uk/>
- BBC learning zone: [http://www.bbc.co.uk/schools/websites/11\\_16/site/pshe.shtml](http://www.bbc.co.uk/schools/websites/11_16/site/pshe.shtml)

### Drugs, smoking and alcohol education

- Talk to frank: [http://www.talktofrank.com/?&gclid=CJehuJGM77MCFW\\_KtAodyVoAAw](http://www.talktofrank.com/?&gclid=CJehuJGM77MCFW_KtAodyVoAAw)
- Hope UK: <http://www.hopeuk.org/>
- Kenward trust: <http://kenwardtrust.org.uk/>
- Drink aware: <http://www.drinkaware.co.uk/>
- NHS Smokefree: <http://smokefree.nhs.uk/>
- Quit smoking: <http://www.quitbecause.org.uk/>
- Drug free world: <http://www.drugfreeworld.org/>

### Discrimination and prejudice:

- Tackling racism: <http://www.tackling-racism.co.uk/>
- Homophobia: stonewall: [http://www.stonewall.org.uk/at\\_home/sexual\\_orientation\\_faqs/2697.asp](http://www.stonewall.org.uk/at_home/sexual_orientation_faqs/2697.asp)
- BBC challenging stereotypes: [http://www.bbc.co.uk/schools/pshe\\_and\\_citizenship/personal\\_wellbeing/relationships/challenging\\_discrimination/](http://www.bbc.co.uk/schools/pshe_and_citizenship/personal_wellbeing/relationships/challenging_discrimination/)

### Safety

- Get safe online: <http://www.getsafeonline.org/>
- Think u know: <http://www.thinkuknow.co.uk/>
- Think! Road safety: <http://think.direct.gov.uk/>
- Cyber mentors: <http://www.cybermentors.org.uk/>
- Brake road safety: <http://www.brake.org.uk/>

### Mental health:

- Don't call me crazy BBC <http://www.bbc.co.uk/programmes/p01b86w5>
- Depression [http://www.mind.org.uk/blog/8784\\_depression\\_the\\_enemy\\_within](http://www.mind.org.uk/blog/8784_depression_the_enemy_within)
- Male suicide [http://www.mind.org.uk/blog/8560\\_worrying\\_statistics\\_show\\_an\\_increase\\_in\\_male\\_suicide](http://www.mind.org.uk/blog/8560_worrying_statistics_show_an_increase_in_male_suicide)
- Bipolar [http://www.mind.org.uk/blog/9193\\_bipolar\\_disorder\\_and\\_me](http://www.mind.org.uk/blog/9193_bipolar_disorder_and_me)
- OCD <http://www.bbc.co.uk/news/magazine-23412085>
- Mental wellbeing <http://www.nhs.uk/Conditions/stress-anxiety-depression/Pages/improve-mental-wellbeing.aspx>
- Anxiety [http://www.mind.org.uk/blog/8509\\_when\\_anxiety\\_kicks\\_in](http://www.mind.org.uk/blog/8509_when_anxiety_kicks_in)
- Young minds <http://www.youngminds.org.uk/>

### Finance and careers:

- Natwest money sense: <http://moneysense.natwest.com/schools/schools>
- National careers service: <https://nationalcareersservice.direct.gov.uk/advice/Pages/default.aspx>
- Connexions: <http://www.connexions-trafford.com/>

### Bereavement:

- Child bereavement <http://www.nhs.uk/Livewell/bereavement/Pages/children-bereavement.aspx>
- Bereavement <http://www.nhs.uk/Livewell/bereavement/Pages/coping-with-bereavement.aspx>
- Losing someone life story <http://www.nhs.uk/Livewell/bereavement/Pages/sarah-phillips-bereavement-story.aspx>

### Sexual Abuse:

- <http://www.bbc.co.uk/learningzone/clips/i-never-said-yes-jane-s-story-juries-in-courts/14375.html>
- <http://www.bbc.co.uk/learningzone/clips/i-never-said-yes-attitudes-towards-sex-and-what-men-think/14372.html>
- <http://www.bbc.co.uk/learningzone/clips/i-never-said-yes-attitudes-towards-sex-and-what-men-think/14372.html>
- <http://www.bbc.co.uk/learningzone/clips/i-never-said-yes-laura-s-story-partner-rape/14373.html>
- <http://www.bbc.co.uk/learningzone/clips/i-never-said-yes-natalie-s-story-gang-rape-and-the-role-of-the-police/14374.html>

### Self harm:

- Self Harm <http://www.bbc.co.uk/learningzone/clips/coping-with-self-harm/11900.html>
- Mind [http://www.mind.org.uk/mental\\_health\\_a-z/8006\\_self-harm](http://www.mind.org.uk/mental_health_a-z/8006_self-harm)

- Harmless: <http://www.harmless.org.uk/>  
**Citizenship:**  
 → Politics and democracy <https://learning.parliament.uk/en/resources/>  
 → Human rights [www.amnesty.org.uk](http://www.amnesty.org.uk)  
 → Global Citizenship [www.globalcitizen.org](http://www.globalcitizen.org)  
 → Citizens Advice [www.citizensadvice.org.uk/](http://www.citizensadvice.org.uk/)  
 → Newsround [www.bbc.co.uk/newsround](http://www.bbc.co.uk/newsround)

Year	Aut 1	Aut 2	Spr 1	Spr 2`	Sum 1	Sum 2
7	Module 1: How can I make a positive start to high school? (Healthy and wellbeing)	Module 2: How do I make my future a success? (Living in the wider world)	Module 3: Why are our differences worth celebrating? (Relationships)	Module 4: How do I be a healthy teenager? (Health and wellbeing)	Module 5: How can I be happy in my relationships? (Relationships)	Module 6: Does money buy happiness? (Living in the wider world)
8	Module 7: How do I avoid the dangers of addiction? (Health and wellbeing)	Module 8: What is the difference between equality and equity? (Relationships)	Module 9: Why are these characteristics protected? (Living in the wider world)	Module 10: How do my choices impact my wellbeing? (Health and wellbeing)	Module 11: What is the difference between sex, gender and sexuality? (Relationships)	Module 12: How do I stay safe online? (Living in the wider world)
9	Module 13: Is there such a thing as a 'gangster's paradise'? (Health and wellbeing)	Module 14: What's politics got to do with me? (Living in the wider world)	Module 15: How do my choices ensure a successful future? (Living in the wider world)	Module 16: What responsibilities do we have in our relationships? (Relationships)	Module 17: What influences my healthy choices? (Health and wellbeing)	Module 18: What's love got to do with it? (Relationships)

